

Our **Broadcasting ADHD Europe** team, led by Hans van de Velde, will be hosting webinars/meetings for our members every week in October. All of these events will take place at **18:00 CEST**, and details are below, with more information and registration links to follow:

**ADHD**  
AWARENESS  
OCTOBER 2021

REFRAMING ADHD  
DISCOVERING NEW PERSPECTIVES

Monday, 4th October 2021 18.00h CET  
**"ADHD and the Law"**



Myriam Bea, President - and Hans van de Velde, Vice-President of ADHD Europe and both legal professionals, will discuss information about legal issues as well as good practices concerning ADHD in this **open Zoom meeting**.

Join in to share the issues & best practice from your country and hear from others about a shared European perspective, like: **Vilhjalmur Hjalmarsson, the chair of Icelandic ADHD Association**, who will participate.



*This meeting is for the members of ADHD Europe and for their members and for everybody you think may be seriously interested. So, you can forward this link to whom you think will want to participate.*

**[Join in Monday October 4 at 18.00h CET via this link](#)** (no need to register)

Tuesday, 12th October 2021 18.00h CET

## "How science is helping you, and how you can help science"

During this open Zoom meeting, **dr. Jeanette Mostert of Radboud UMC**, Nijmegen, will share scientific information about great past, ongoing and future projects, including CoCA, Eat2beNICE, TIMESPAN and PriMA. **PhD student Dener Cardoso of UMC Groningen** will present his findings about reward processing in ADHD. The presentations will be followed by a short discussion about how scientists and individuals with ADHD can collaborate and interact more.



**Dr. Jeanette Mostert** is dissemination manager for the projects CoCA, Eat2beNICE and PRIME. She frequently collaborates with ADHD Europe and other patient organisations about how the scientific findings from these projects can be shared with the people who the research is about. She is a big advocate of Open Science and Citizen Science.

**Dener Cardoso Melo** is a PhD student at the UMC Groningen. He is using data from the CoCA project together with other datasets to investigate the role of reward processing alterations in ADHD and other mental health conditions.



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**[Join in Tuesday October 12 at 18.00h CET via this link](#)** (no need to register)

Wednesday, 20th October 18.00h CET

## "Spotlight on new insights on health in women with ADHD"

**Prof. Dr. Sandra Kooij** and **Dr. Dora Wynchank** will be returning to *Broadcasting ADHD Europe* shining a light on women with ADHD. During this public webinar they will be talking about research insights on **health of women with ADHD, incl. hormones and cardiac health**. Including the **upcoming survey** just for Women with ADHD. **Chantel Fouche**, ADHD-Europe lead for the ADHD Women Project, will brief the audience about the project activities and how women are empowering and supporting each other globally. This public **webinar** will be followed by a Q&A.



**Prof. Dr. J.J. Sandra Kooij** is a Professor of Adult ADHD at Amsterdam University Medical Centre/VUMc, and has been involved in ADHD research for more than 25 years. Her main research interests are ADHD, sleep and health, and the relationship between ADHD and hormonal changes in women. She is also a member of ADHD Europe's Professional Advisory Board

**Dr. Dora Wynchank**, is a psychiatrist working in adult ADHD at PsyQ, editor of the DIVA Foundation, and active contributor to the European Adult ADHD Network. Her expertise ranges from general mental health to sleep disorders in adult – and adolescent ADHD. She lectures widely in an attempt to de-stigmatise mental conditions. Dora is a professional member of ADHD Europe.



**→ Link via Viljo**

(for this public webinar you do need to register!)

Thursday, 28th October 2021 18.00h CET  
**"Pathways to care for ADHD"**

In this webinar, **Dr. Blandine French**, researcher at Nottingham University, will talk about the **toolbox** she designed **for professionals in the frontline treatment of ADHD** (GPs, coaches, psychologists, etc). This learning tool will help professionals, individuals, and parents to recognise and understand ADHD. This public **webinar** will be followed by a Q&A.



**Dr. Blandine French:**

"After completing my PhD in understanding **GP's awareness of ADHD**, I am now furthering my research experience working on a clinical trial evaluating **an App for parents** waiting for **neurodiverse assessment**. I have a keen interest in understanding children and their behaviour." Blandine discusses her research on GP's and what the implications are of a lack of awareness within primary care, and its impact for young people and their families. Blandine, who was diagnosed herself with ADHD in adulthood, which motivates her to advocate early diagnosis and intervention to support people with ADHD to

flourish. She explains the free psycho-education online tool she has developed for understanding ADHD and the role of the GP in the diagnosis pathway.

**→ Link via Viljo**

(for this public webinar you do need to register!)